

# How a Quality Liaison Improves Your Health, Happiness, and Balance

Your work/life balance isn't something to ignore – and it's not something to give up on either.

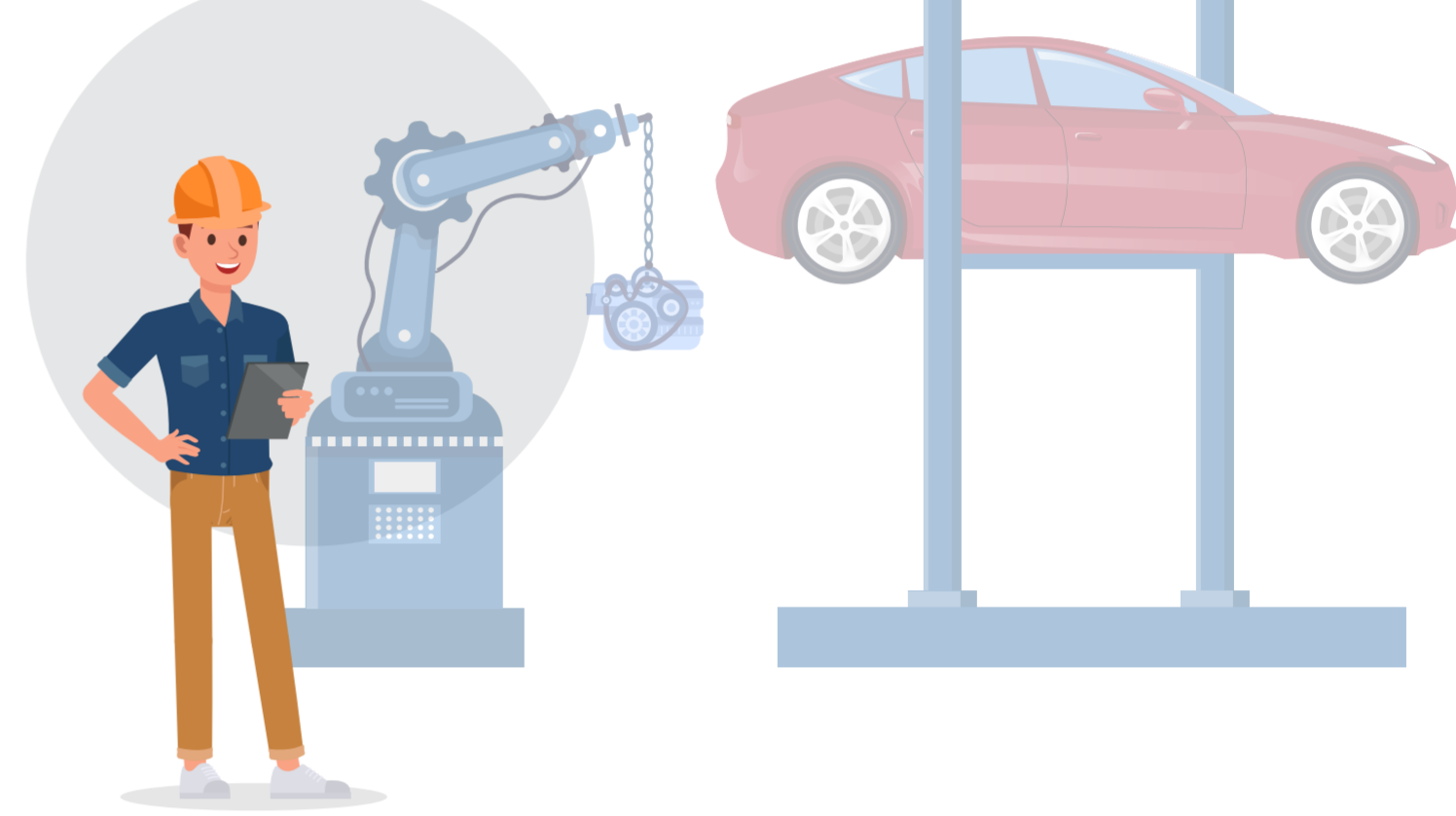
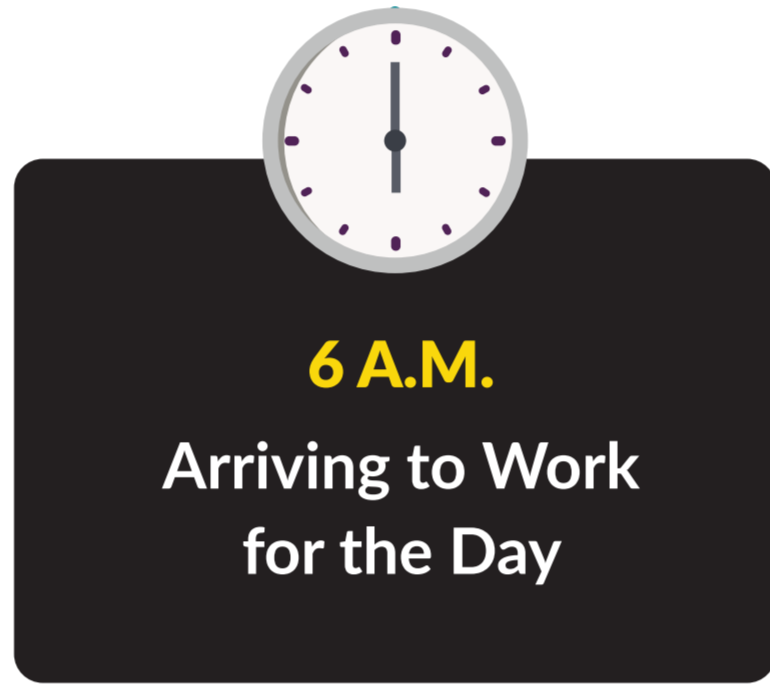
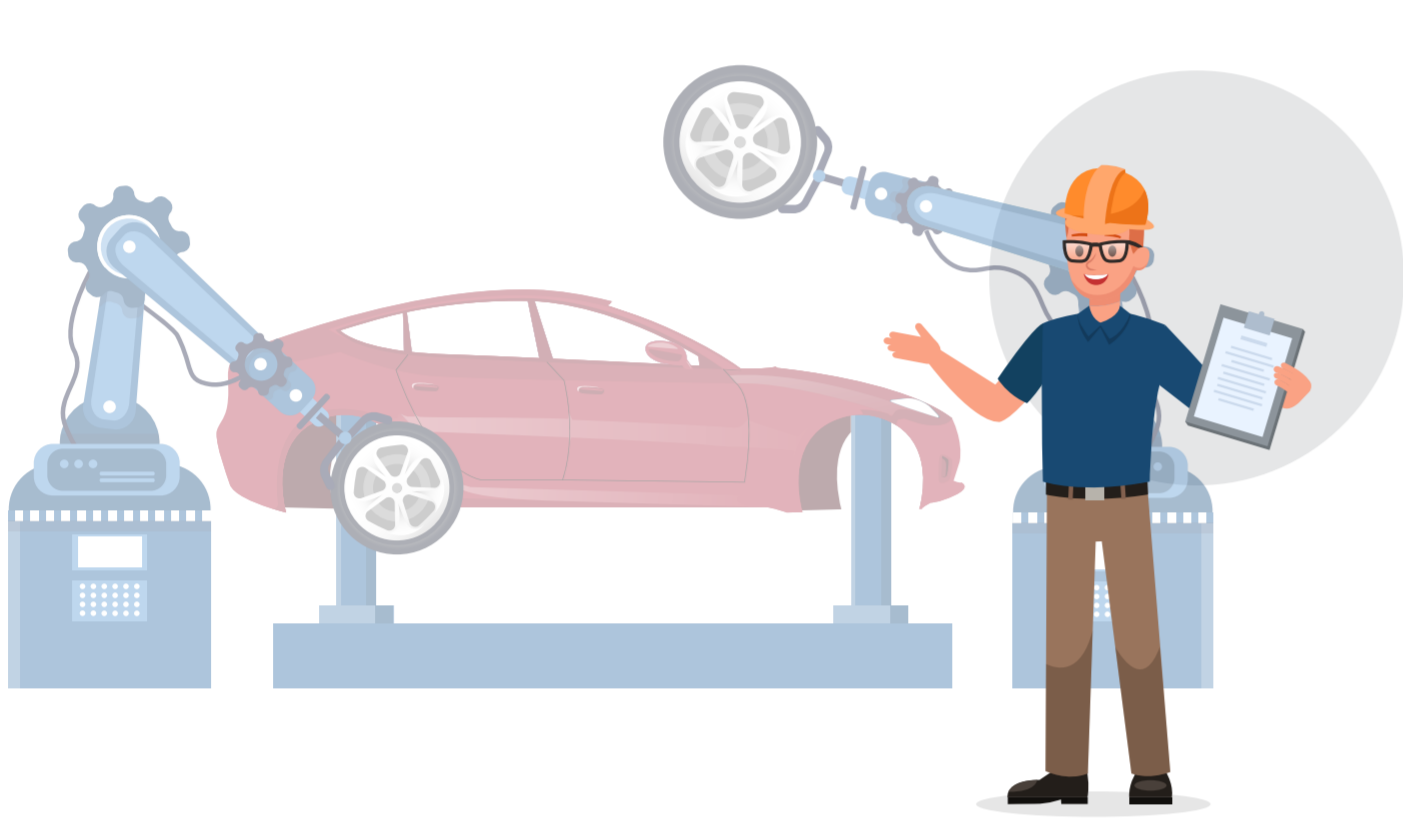
Our automotive industry is one that is constantly moving at break-neck speeds. There's always a new product launch on the horizon. As important as they are, there's more to life than having a successful product launch. A key element of quality of life is maintaining a healthy work/life balance. This means working hard when duty calls, but then having the time you deserve for seeing your family, spending time with friends, maintaining healthy habits, and enjoying hobbies when you're outside of work hours.

You don't have to sacrifice everything else in your life for the sake of a successful product launch. Our Quality Liaisons provide the OEM representation necessary for you to have true work/life balance. Plus, we enable you to be more productive, happier, and healthier every single day.

Let's take a look at exactly how this is accomplished.

## Two Quality Engineers, Two Typical Days, Two Different Results

Meet Andy and Arnie. They both work a long, demanding job. In a perfect world, they only have to focus on what's going on within their four walls. But, is that reality? While Andy has breathing room thanks to on-site representation at the OEM through a TQS Quality Liaison, Arnie is forced to handle it all by himself. He needs to be everywhere at once – often leading to mixed results.

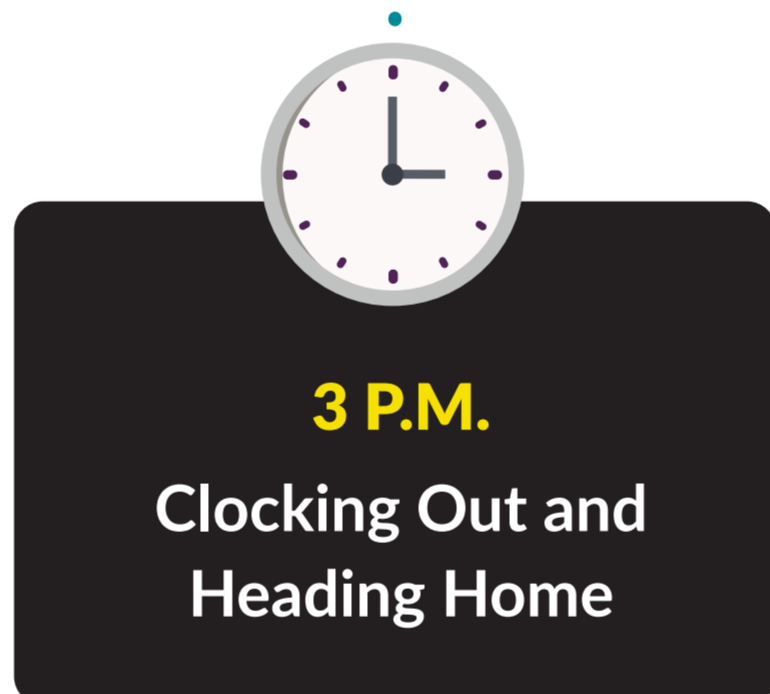
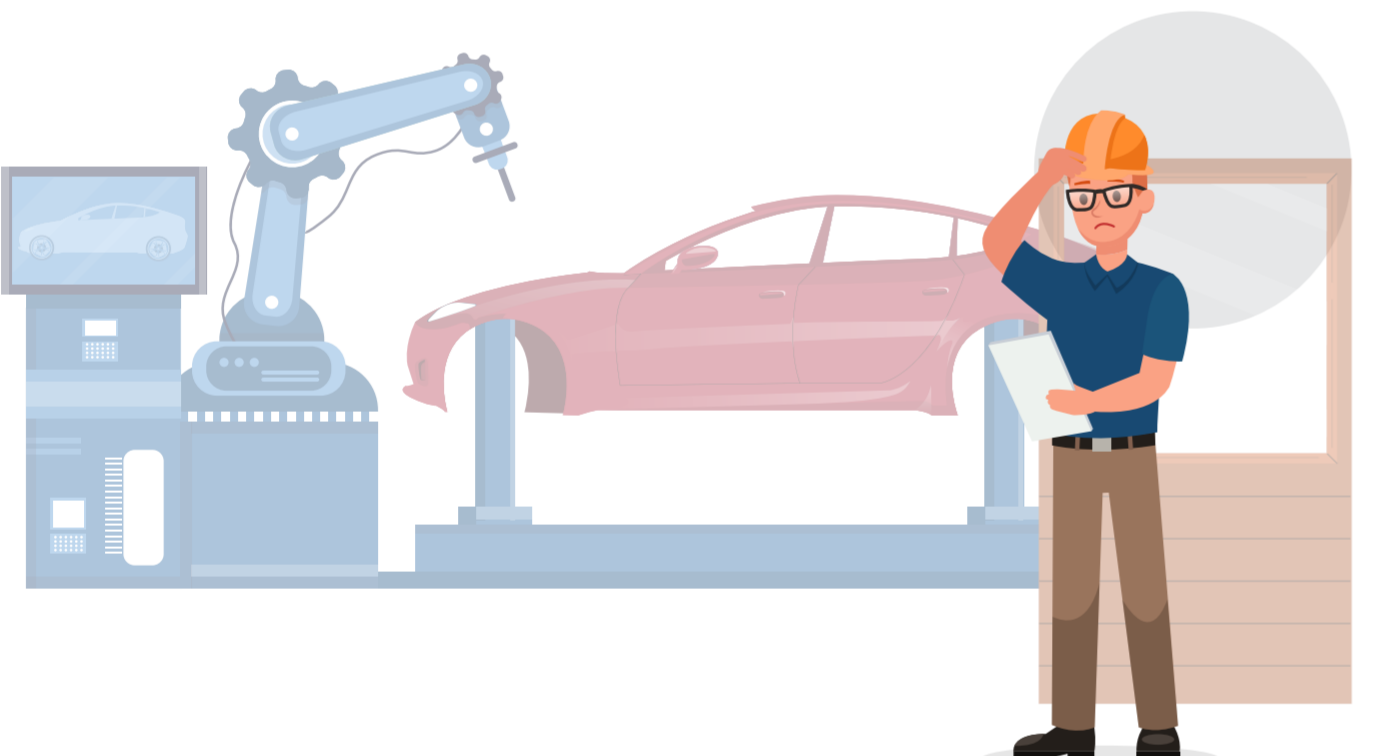


Work doesn't begin at 9 a.m. for Quality Engineers. They have a long day ahead managing quality systems within the plant and have several different products being produced simultaneously. As Tier I Suppliers, they individually support six different customers with 30 parts for each one. Both Andy and Arnie are tasked with making certain that processes and systems within their facility are meeting the industry standards, adhering to Advanced Product Quality Planning (APQP), as well as ensuring the parts being produced today are meeting the customer standards.



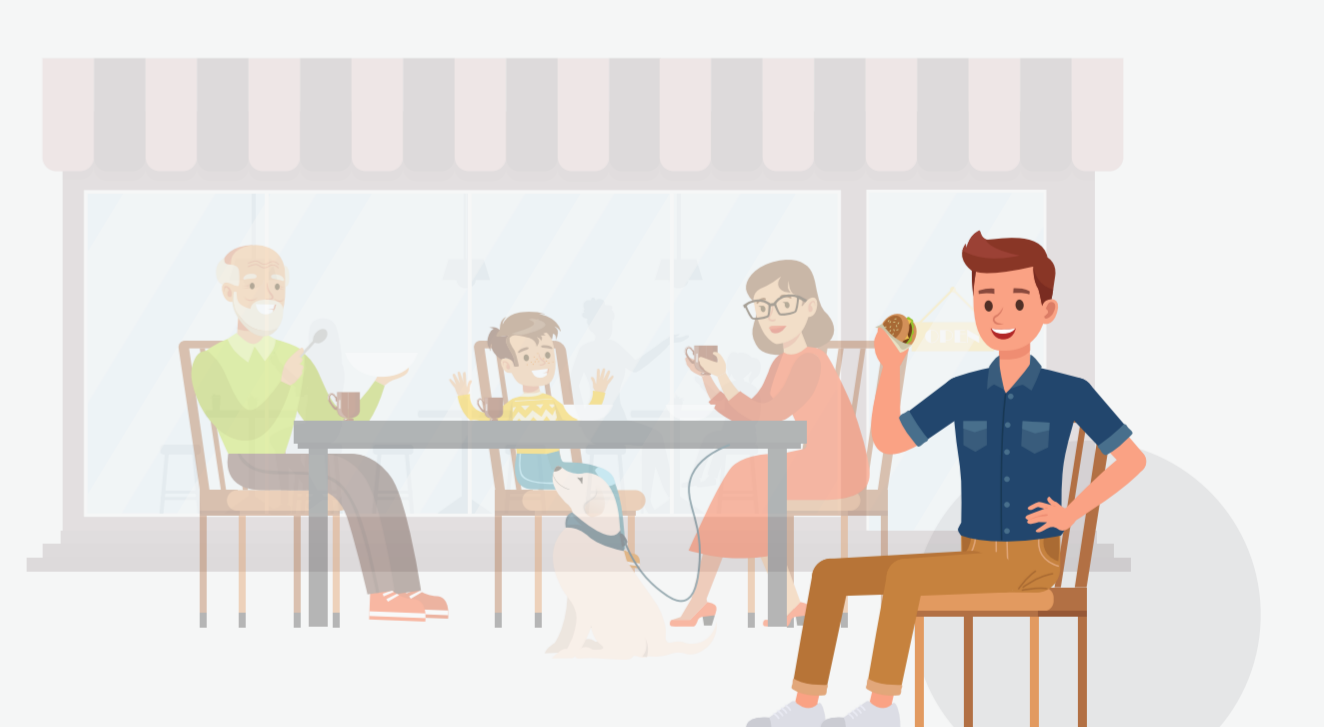
Arnie, on the other hand, is in meeting after meeting and on phone call after phone call. He's being pulled in so many directions that he doesn't have the time to do anything but react as problems arise.

Andy's TQS Quality Liaison, Sam, handles all external meetings and daily communications at the OEM. Thanks to Sam, Andy has time to focus on improving processes and systems internally.



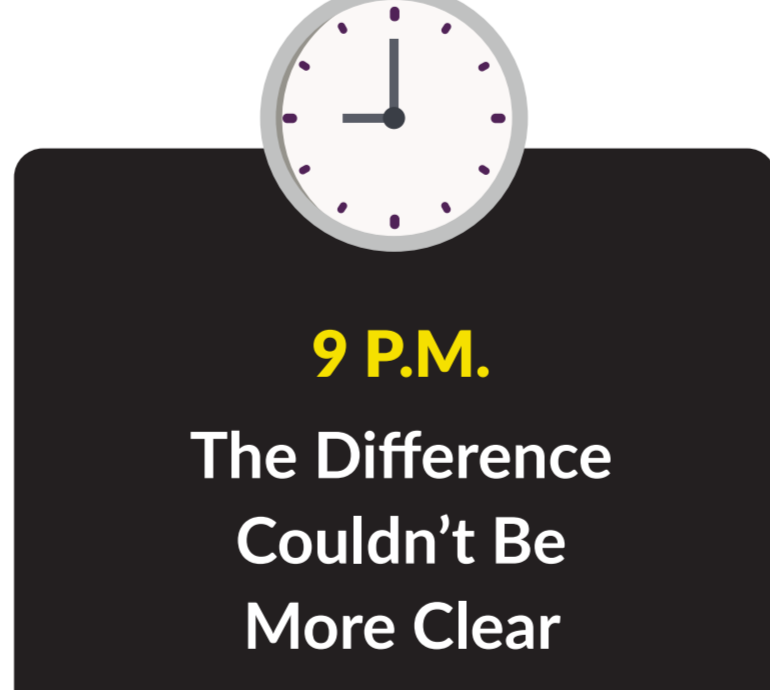
Arnie has a few more loose ends to tie up. He'll leave soon... hopefully.

Andy is ready to leave for the day.



Arnie doesn't have someone to depend on, and the OEM doesn't care that he's at a birthday party. There is no such thing as "We can have someone there on Monday;" it must be an immediate response. Whatever Arnie had planned, it is no longer taking precedence. The priority is getting to the plant and addressing the issue at hand.

Andy is at dinner with his family when the notification comes in. The app on his phone, QNET, informs him of a non-conformity issue at the OEM. He's not alarmed; he is confident that the right decisions are being made on his behalf by Sam. This is thanks to a friendly yet professional relationship that has been developed over the years.



Because there needs to be a presence at the OEM at all times, an issue for the OEM is an issue for Arnie. The OEM expects the OEM is an issue for Arnie. They want a real person; they want to know someone is taking care of it. That means Arnie and that means right now.

Andy is able to settle in for the night. He's worked hard today, but not at the expense of his health or happiness. Despite a demanding job, he's able to enjoy a meal and quality time with loved ones. He has peace of mind knowing someone is there – peace of mind Arnie doesn't have.

## Who Do You Want to Be?

While automotive quality assurance is incredibly important, it doesn't have to take over your entire life. If you're able to find the right representation, someone else can be your eyes and ears at the OEM, you'll be more productive during the work day and be able to enjoy a life outside of your job during non-work hours. This is more important than you may realize. Working too much, more than 40 hours per week, leads to burnout and a whole host of physical and mental health conditions. It can make you more likely to partake in risky, unhealthy activities. Plus, it also makes it harder to have healthy interpersonal relationships, time to exercise, and more.

When you have help, much of your daily responsibility can be delegated. This means less work and more life. Clicking the button below is the first step toward getting your balance back. See what a TQS Quality Liaison like Sam can do for you!

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